

36e DWT Internationale Paastoernooi  
Haarlem, 31-3- - 1-4-2024

Wettkampf 14  
31-03-2024 - 15:29

Männer, 400m Freistil

Junioren 1 en ouder  
Protokoll

|                     |         |                     |     |         |            |
|---------------------|---------|---------------------|-----|---------|------------|
| Paasrecords Sen 1+  | 3:57.37 | Frank Roovers       | NED | Haarlem | 17-04-2017 |
| Paasrecords Jgd 1-2 | 4:14.12 | Nick van der Woude  | NED | Haarlem | 16-04-2017 |
| Paasrecords Jun 3-4 | 4:13.33 | Bram Loots          | NED | Haarlem | 17-04-2022 |
| Paasrecords Jun 1-2 | 4:25.31 | Giovanni Phillipson | NED | Haarlem | 17-04-2022 |

| rang                   | naam              | vereniging          | intijd            | tijd           |
|------------------------|-------------------|---------------------|-------------------|----------------|
| <b>Junioren 1 en 2</b> |                   |                     |                   |                |
| 1.                     | Yorre van der Wal | SG. Bolsward-Workum | 4:59.33 201000017 | <b>4:58.45</b> |
|                        | 50m: 33.46        | 33.46 150m:         | 250m:             | 350m:          |
|                        | 100m: 1:10.84     | 37.38 200m: 2:26.81 | 300m:             | 400m: 4:58.45  |
| 2.                     | Franzi Ziegler    | DAW                 | 5:10.95 201100891 | <b>5:10.50</b> |
|                        | 50m: 33.24        | 33.24 150m:         | 250m:             | 350m:          |
|                        | 100m: 1:11.81     | 38.57 200m: 2:31.90 | 300m:             | 400m: 5:10.50  |
| 3.                     | Ivan Halff        | ZV de Ham           | 5:15.46 201100479 | <b>5:14.70</b> |
|                        | 50m: 35.55        | 35.55 150m:         | 250m:             | 350m:          |
|                        | 100m: 1:14.97     | 39.42 200m: 2:35.09 | 300m:             | 400m: 5:14.70  |
| 4.                     | Kyaro Giuliano    | De Dolfijn          | 5:36.36 201000489 | <b>5:22.77</b> |
|                        | 50m: 35.76        | 35.76 150m:         | 250m:             | 350m:          |
|                        | 100m: 1:15.91     | 40.15 200m: 2:38.98 | 300m:             | 400m: 5:22.77  |
| 5.                     | Kris Noordover    | KZC                 | 6:06.39 201000433 | <b>5:38.92</b> |
|                        | 50m: 36.31        | 36.31 150m:         | 250m:             | 350m:          |
|                        | 100m: 1:18.54     | 42.23 200m: 2:46.07 | 300m:             | 400m: 5:38.92  |
| 6.                     | Stijn Butter      | OEZA                | 5:53.95 201100455 | <b>5:41.04</b> |
|                        | 50m: 36.23        | 36.23 150m:         | 250m:             | 350m:          |
|                        | 100m: 1:18.35     | 42.12 200m: 2:46.80 | 300m:             | 400m: 5:41.04  |
| 7.                     | Daan Steijn       | OEZA                | 6:53.40 201102513 | <b>6:54.91</b> |
|                        | 50m: 44.32        | 44.32 150m:         | 250m:             | 350m:          |
|                        | 100m: 1:37.34     | 53.02 200m: 3:25.64 | 300m:             | 400m: 6:54.91  |

Junioren 3 en 4

|    |   |                     |                   |                |
|----|---|---------------------|-------------------|----------------|
| 1. | Willem Weustink<br><i>Paasrecord 2024</i> | DWT                 | 4:19.00 200800109 | <b>4:15.36</b> |
|    | 50m: 28.65                                | 28.65 150m:         | 250m:             | 350m:          |
|    | 100m: 1:00.36                             | 31.71 200m: 2:05.58 | 300m:             | 400m: 4:15.36  |
| 2. | Rens Noordover                            | KZC                 | 4:23.18 200800237 | <b>4:22.31</b> |
|    | 50m: 28.38                                | 28.38 150m:         | 250m:             | 350m:          |
|    | 100m: 1:00.54                             | 32.16 200m: 2:06.17 | 300m:             | 400m: 4:22.31  |
| 3. | Lucas de Vries                            | De Dolfijn          | 5:19.43 200802025 | <b>5:16.69</b> |
|    | 50m: 34.24                                | 34.24 150m:         | 250m:             | 350m:          |
|    | 100m: 1:14.18                             | 39.94 200m: 2:35.71 | 300m:             | 400m: 5:16.69  |

Senioren 1 en ouder

|    |                     |                     |                   |                |
|----|---------------------|---------------------|-------------------|----------------|
| 1. | Martijn Butter      | OEZA                | 4:35.12 197900231 | <b>4:32.33</b> |
|    | 50m: 30.17          | 30.17 150m:         | 250m:             | 350m:          |
|    | 100m: 1:03.93       | 33.76 200m: 2:13.73 | 300m:             | 400m: 4:32.33  |
| 2. | Jeffrey Camphens    | DWT                 | 4:20.63 199503113 | <b>4:40.40</b> |
|    | 50m: 28.95          | 28.95 150m:         | 250m:             | 350m:          |
|    | 100m: 1:02.65       | 33.70 200m: 2:13.98 | 300m:             | 400m: 4:40.40  |
| 3. | Valentino Schuurman | A.S.Z.V. Spons      | 4:55.00 200305087 | <b>4:41.42</b> |
|    | 50m: 29.39          | 29.39 150m:         | 250m:             | 350m:          |
|    | 100m: 1:03.42       | 34.03 200m: 2:15.55 | 300m:             | 400m: 4:41.42  |